

Mood Disorder Questionnaire

Yes No

	Yes	No
<p>1. Has there ever been a period of time when you were not your usual self and...</p> <ul style="list-style-type: none"> • you felt so good or so hyper that other people thought you were not your normal self or you were so hyper that you got into trouble? • you were so irritable that you shouted at people or started fights or arguments? • you felt much more self-confident than usual? • you got much less sleep than usual and found you didn't really miss it? • you were much more talkative or spoke faster than usual? • thoughts raced through your head or you couldn't slow your mind down? • you were so easily distracted by things around you that you had trouble concentrating or staying on track? • you had much more energy than usual? • you were much more active or did many more things than usual? • you were much more social or outgoing than usual; for example, you telephoned friends in the middle of the night? • you were much more interested in sex than usual? • you did things that were unusual for you or that other people might have thought were excessive, foolish, or risky? • spending money got you or your family into trouble? 		
<p>2. If you checked YES to more than one of the above, have several of these ever happened during the same period of time?</p>		
<p>3. How much of a problem did any of these cause you, like being unable to work; having family, money, or legal troubles; getting into arguments or fights?</p> <p> <input type="checkbox"/> No problem <input type="checkbox"/> Minor problem <input type="checkbox"/> Moderate problem <input type="checkbox"/> Serious problem </p>		
<p>4. Have any of your blood relatives (ie, children, siblings, parents, grandparents, aunts, uncles) had manic-depressive illness or bipolar disorder?*</p>		
<p>5. Has a health professional ever told you that you had manic-depressive illness or bipolar disorder?*</p>		